

Introduction

East Grange, located in South Leeds, is a short/medium, 24-hour staffed, supported living service for those classed as having a delayed transfer of care (DToC) who are ready to be discharged from acute care in Leeds. It comprises of four self-contained, fully furnished flats.

The central aims of East Grange are to support all clients with their continued recovery post discharge so that they can transition back into the community and live more independently.

Staff will work alongside clients, carers and other professionals involved in the clients' care to best support them whilst at East Grange.

Admission Criteria

To be referred, the client should:

- Have a mental health difficulty as their predominant support need
- Be 18+
- Be on the Care Program Approach
- Have been classed as having a DToC from a Leeds based acute service or, where applicable, be ready to move on from Oakwood Hall
- Have an existing housing plan to be used to bridge the gap between hospital and more permanent accommodation
- Require 24-hour supported accommodation

The service is not suitable for:

- Individuals in an acute phase of their illness who require the security of a hospital environment
- Individuals for whom substance misuse or risk issues would not be manageable in a residential environment

- Individuals who need physical or nursing home care
- Individuals whose behaviour could endanger staff, other clients or the local community
- Individuals who have a learning disability as a primary support need, or have dementia

Referral Process

Referrals for the service can be made via the Accommodation Gateway Team and will be acknowledged within five working days.

Assessments

After receiving a referral, we will be in touch to book an assessment as soon as possible. The aim of the assessment is to establish support needs and understand these from the client's perspective. Areas of risk identified will be discussed directly during the assessment.

Assessments can take place both at the service or on the ward.

Following the assessment, we will let individuals know as soon as possible if they have been accepted and stay in touch to let the client know the next steps.

How We Support Clients

Our focus is to support individuals with their transition from an acute setting back into the community.

We will identify support needs using an Outcomes Star Assessment to develop support plans. This approach enables us to agree expectations, ensure consistency and to measure progress.

Living at East Grange is an opportunity for clients to work towards living more independently, with the safety net of 24-hour support. Clients will also be encouraged to get involved in communal aspects of the service.

Support will encompass:

Practical Support

- Accessing benefits
- Budgeting
- Daily living skills
- Managing medication
- Securing appropriate move on, into long term housing
- Securing future support
- Tenancy management

Emotional Support

- The learning of positive coping strategies in a more independent environment
- Relapse prevention work to ensure people can succeed in the community
- Support to access community-based mental health services that will further assist recovery
- 24-hour waking night support from the team on site.

Social Activities

- Building and maintaining relationships
- Support to access meaningful activity
- Opportunities to get involved in running of the service and the organisation

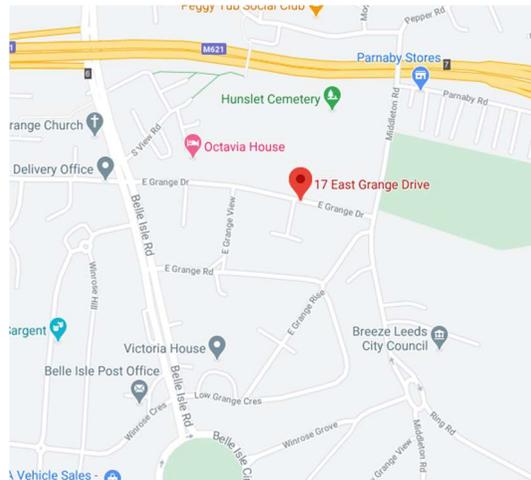
Funding

All clients will claim Housing Benefit to cover their rent and there is no additional personal contribution required. Clients will pay their own utility bills, council tax and food expenses.



Where To Find Us:

17 East Grange Drive,
Leeds,
LS10 3EH



East Grange

Providing recovery-based support so people can live more independently and secure long-term housing

To discuss the service in more detail or if you need this information in a different format such as large text or easy-read, please contact:

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