

Emotional Support

- The learning of positive coping strategies in a more independent environment
- Relapse prevention work to ensure people can remain in the community
- Support to access any community-based mental health services that will further assist recovery
- Out of hours support from staff located next door at Octavia House in times of crisis, to help prevent potential readmittance to hospital

To discuss the service in more detail, please contact Elise Dakin on: 07990869581



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17 East Grange Drive

Providing recovery-based support so people can live more independently and secure long-term housing



Introduction

17 East Grange Drive is a supported living service for those ready to be discharged from acute care in Leeds. It comprises of four self-contained, fully furnished flats and is located in South Leeds. It is intended as a short-to-medium-stay accommodation service which has throughput to help relieve pressure on Leeds-based acute wards.

Staff will work actively, collaboratively and positively alongside service users, carers and other professionals who form a part of an individual's Multi-Disciplinary Team (MDT).

The central aim of 17 East Grange Drive is to support all service users with their continued recovery post discharge, as well as working in conjunction with an existing housing plan to support moving on into more permanent accommodation.

Admission Criteria

To be referred the service user should:

- Have a mental health problem
- Be 18+
- Be on the Care Program Approach
- Have been classed as having a delayed transfer of care (DToC) from a Leeds based acute service
- Have an existing housing plan, which the service can use to bridge the gap between hospital and more permanent accommodation

The service will not be suitable for:

- Individuals in an acute phase of their illness
- Individuals who require 24/7 support akin to what is offered at our Intermediate Hostels
- Individuals for whom substance misuse or risk issues would not be manageable in a communal living environment
- Individuals with a need for physical health interventions
- Individuals who require daily support with the administering of medications

Referral Process

Referrals for the service can be made via Julie Smith at the Accommodation Gateway.

Tel: 07741261722

Email: julie.smith@commlinks.co.uk

Assessments

Within five working days of receiving a referral, we will be in touch to arrange an assessment. The aim of the assessment is to establish support needs and understand issues from the service user's perspective, so areas of risk recorded on the FACE risk profile will be discussed directly with them.

Assessments can take place both at the service or on the ward.

Following the assessment, we will aim to let individuals know as soon as possible if they have been accepted. They will then be offered the next available flat.

How We Will Support Service Users

Initial support will be focused on supporting individuals with their transition from an acute setting back into the community.

Living at 17 East Grange Drive is an opportunity for service users to work towards living more independently, with the safety net of daily support.

Support will encompass:

Practical Support

- Accessing Benefits
- Budgeting
- Daily Living Skills
- Securing appropriate move on, into more long terms housing
- Securing Future Support

Social Activities

- Building and Maintaining Relationships
- Support to access meaningful occupational activity