

# Men's Talk

*a performance project for men who have experienced mental health issues*



*Men's Talk* is a consultation and performance project for men who have experienced mental health issues.

*Men's Talk* is for men who want to get together to make a difference, share ideas, learn new skills, improve their well-being and have a laugh.

*Men's Talk* will be happening at venues in Huddersfield and Dewsbury from June to December 2018.

To get involved contact Stuart Hawkes, Men's Engagement Worker.



07391 868752 Mobile

01484 519097 Huddersfield Office

01924 465054 Dewsbury Office

[stuart.hawkes@commlinks.co.uk](mailto:stuart.hawkes@commlinks.co.uk)