

YORK FAMILIES WELLBEING SERVICE

Supporting you to
support your family



Are you worried about:

- Losing your home?
- Low income?
- Mounting debts?
- Physical or mental health problems?
- Who to talk to?

Do you feel:

- Anxious?
- Confused?
- Stressed?
- Isolated?
- Desperate?

The Community Links York Families Wellbeing Service provides flexible, supportive, responsive housing support to families in the York area.

If you have a child aged 0-19 or a disabled child aged 0-25 and are suffering with any of these issues, we can help.



community links

inspiring hope
inspiring change

We provide practical, community-based help and advice to families in York on a one-to-one basis, tailoring support to your needs to guide you and your family towards independence.

“ Since working with YFWS I feel I have regained control of my life and my self-confidence has grown. Our home is now filled with laughter again and not sadness and worry. ”

Our service uses creative methods to support the whole family around: addressing debt and budgeting, ASB, claiming the correct benefits, accessing training, education and employment, social isolation, inter-family relationships and accessing physical or mental health support.

Referrals can be made by a professional completing a Single Access Point (SAP) referral form and returning to: sap@york.gcsx.gov.uk
Alternatively, you can self-refer by contacting The Children's Front Door:

Phone: 01904 551900 (Choose Option 1)

Email: lat@york.gov.uk

For further information about the service please contact the York Families Wellbeing Team on 01904 552816 or visit www.commlinks.co.uk/yfws



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York Families Wellbeing Service is a partnership between:

**CHANGING
LIVES**



community links

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