

You're not alone

Hate crime affects
3 out of 4 people with
mental health problems

Hands up
for not
living
in fear

Don't suffer harassment
or intimidation alone

We can help

STOP HATE CRIME
0800 138 1625
24 HOUR HELPLINE
Text Relay 18001 0800 138 1625

STOP HATE UK

www.stophateuk.org
Reg Charity: 1062692

 **community links**

www.commlinks.co.uk
Reg Charity: 514779