



community links

linking community support  
to health and housing

**Community Links  
aspire and Improving Access to  
Psychological Therapies (IAPT)  
Bank House**

**150 Roundhay Road  
Leeds, LS8 5LJ**

**Tel: aspire 0113 2009170; IAPT 0113 2009188  
Web: [www.commlinks.co.uk](http://www.commlinks.co.uk)**

**From Leeds City Centre and the South:**

Follow the signs for the A61 Harrogate until you reach the Sheepscar traffic lights. Stay in the right hand lane and follow the signs for A58 Wetherby.

After about a mile opposite the Archway building Bank House will be seen on the right. Turn right immediately past the building into Gledhow Road to access the main entrance. On-street parking is available close by.

**From the North and Ring Road:**

Leave the ring road at the Wellington Hill roundabout and turn onto the A58 heading South. Stay on the A58 for about 4 miles and after passing a series of shopping parades, the Archway building will be seen on the right and Bank House on the left.

Turn left immediately before Bank House into Gledhow Road to access the main entrance. See comments regarding parking above.

**By public transport**

Bank House is served by several buses coming out from the City Centre including the 12 and 13 which run frequently.

When you get off the bus (one stop after Thomas Danby College) carry on about 100 metres (in the direction that the bus was travelling) to the traffic lights and Bank House is on the right. Follow the building round into Gledhow Road to access the main entrance.